



Greater Halifax Clubs
(Formerly Boys & Girls Clubs)

Please review the following expectations to ensure your child can participate successfully in our sensory-rich, fast-paced environment. Our programs are designed for children who can engage safely in a group setting with a 1:10 leader-to-participant ratio.

Is My Child Ready for the Club?

1. Follow Instructions:

- Understand and follow group directions with minimal prompting.
- Transition between activities with little to no assistance.
- Respond appropriately to redirection from staff.

2. Engage in Group Activities:

- Participate in games, crafts, and structured activities without 1:1 support.
- Play cooperatively with peers and engage in positive social interactions.
- Respect personal space, use kind words, and follow program rules.

3. Regulate Emotions & Behaviors:

- Manage frustration and excitement without aggressive behaviors (e.g., no hitting, biting, throwing things, running away, or excessive disruptions).
- Express needs and emotions in an age-appropriate way.
- Use problem-solving strategies with guidance from staff.

4. Practice Independence in Daily Tasks:

- Use the washroom independently (fully toilet trained).
- Eat snacks and meals without direct staff assistance.
- Change clothes (if needed for activities) without full staff support.

5. Stay Safe & Engaged in the Program Environment:

- Remain with the group and respect boundaries (e.g., no leaving designated areas without permission).
- Follow safety instructions from staff, including emergency procedures.
- Manage sensory stimulation in a lively and busy setting.

Additional Considerations:

- If your child has medical, behavioral, or sensory needs, you must discuss them with staff before registration. While we strive to be inclusive, we cannot provide 1:1 support or therapeutic interventions.
- If your child has severe allergies, medical conditions, or other support needs, families must disclose this information at registration so we can determine if accommodations are possible.